



# TOWN OF WINDHAM, NEW HAMPSHIRE

OFFICE OF THE SELECTMAN AND TOWN ADMINISTRATOR  
POST OFFICE BOX 120, 4 NORTH LOWELL ROAD, WINDHAM NH 03087-0120

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## *Family Resources*

<b><i>Adult and Elderly Services</i></b>	668-2330
Provides general information regarding services and resources which can be of assistance to elderly and/or incapacitated adults.	
<b><i>Food Stamps</i></b>	668-2330
Department of Health and Human Services, 1050 Perimeter Rd, Suite 501, Manchester, NH	
<b><i>Temporary Assistance for Needy Families - TANF</i></b>	668-2330
This is a cash monthly grant for families. Department of Health and Human Services, 1050 Perimeter Rd, Suite 501, Manchester, NH	
<b><i>Fuel Assistance</i></b>	893-9172
Assistance is available even if heat is included in rent – assistance is applied to rent. Call first for appointment	
<b><i>Meals on Wheels</i></b>	893-2137
Provides meals-on-wheels to the homebound and seniors. Call to set up an appointment.	
<b><i>Service Link</i></b>	1-866-634-9412
Provides answers regarding healthcare & other services For adults, persons with disabilities and family caregivers.	
Children's Medicaid	271-4344
<b><i>Community Health Services</i></b>	425-2545
Insurance for adults with some income – pay (sliding scale only when in need of services (no monthly premium). Coverage includes medications and some dental. Must call to qualify and be approved - takes a couple weeks.	
<b><i>Shepherd's Food Pantry</i></b>	
Windham Presbyterian Church On Mondays 10 am to 11 am	
<b><i>CART</i></b>	434-3569
Provides rides to doctors, shopping, work, etc for a small fee. Call to schedule ride.	
<b><i>Town Van</i></b>	
Provides weekly shopping trip to Wal-Mart and to doctor's appointments. Call to schedule.	432-7732
<b><i>Town Assistance</i></b> Call for Kathy Davis	432-7732